

For 2019 Qualifier - All Spouses & Employee Upgrades

ENROLL NOW -- DON'T WAIT FOR A POSITIVE NICOTINE TEST

COMMIT TO QUIT Quit Smoking Now

(Includes All E-Cigarette & Tobacco Product Use)



Follow these steps for program enrollment:

Step 1: Initial MedCenter Appointment

Main Campus: 252-4257

North MedCenter: 315-7111 (NEW NUMBER)

Step 2: Attend 6 weekly 1-hr classes (offered as a Session)
(You are required to re-start the program if you miss a class)

Register on GoSignMeUp

<http://colliergov.gosignmeup.com>

Step 4: Certificate of Completion will be issued by Health Advocate office upon receiving Nicotine results from the MedCenter.

**Step 3: Repeat Blood Nicotine test starting July 19th—September 30th
Call the MedCenter for a repeat non-fasting blood draw appointment.
(Do not use a LabCorp Patient Service Center for your repeat Nicotine blood test).**

SESSIONS OFFERED FOR 2019 QUALIFIER:

Friday, Mar. 1,8,15,22,29, April 5 at 5:30-6:30pm— Main CCG Campus, Risk Management Train. Rm
Thursday, Apr. 11,18,25, May 2,9,16 at 5:30-6:30pm — No. Collier Gov't Center, 2335 Orange Blossom Drive
Friday, May 24,31, June 7,14,21,28 at 5:30-6:30pm— Main CCG Campus, Risk Management Train. Rm
Thursday, July 11,18,25, Aug. 1,8,15 at **5-6pm**—No. Collier Gov't Center, 2335 Orange Blossom Drive

FINAL SESSION:

Friday, Aug. 9,16,23,30, Sept. 6,13 at 5:30-6:30pm— Main CCG Campus, Risk Management Train. Rm

The **Commit to Quit - Quit Smoking Now!** program is offered to employees, spouses, and their dependents (over the age of 18) covered by the BCC health insurance plan.

**This tobacco cessation program meets the
Invest in Your Health premium-cost share qualifier for
2019 Qualifying Spouses and upgrading Employees .**

The program offers you:

- ♦ *FREE cessation products (prescriptions, patches, lozenges, over-the-counter gums)
- ♦ FREE MedCenter smoking cessation medical monitoring appointments for initial visit and smoking cessation medicine follow-up.

*Products FREE after reimbursement.

SAVE your receipts upon purchase.

*****Please note: E-Cigarettes are not reimbursed*****