

For 2017 Qualifier - All Spouses & Employee Upgrades

ENROLL NOW -- DON'T WAIT FOR A POSITIVE NICOTINE TEST

COMMIT TO QUIT Quit Smoking Now

(Includes All E-Cigarette & Tobacco Product Use)



Follow these steps for program enrollment:

Step 1: Initial MedCenter Appointment

Main Campus: 252-4257

North MedCenter: 249-7800

Step 2: Attend 6 weekly 1-hr classes (offered as a Session)
(You are required to re-start the program if you miss a class)

Register on GoSignMeUp

<http://colliergov.gosignmeup.com>

Step 3: Repeat Blood Nicotine test starting July 21st—September 30th

Call the MedCenter for a repeat non-fasting blood draw appointment.

(Do not use a LabCorp Patient Service Center for your repeat Nicotine blood test).

Step 4: Certificate of Completion will be issued by Health Advocate office upon receiving Nicotine results from the MedCenter.

SESSION OFFERED FOR 2017 QUALIFIER:

Monday, March 6,13,20,27, April 3,10 at 5:30-6:30pm No. Collier Government Center

Thursday, April 13,20,27,May 4,11,18 at 5:30-6:30pm No. Collier Government Center

Friday, May 19,26,June 2,9,16,23 at 5:30-6:30pm Main CCG Campus-Risk Management

Friday, July 7,14,21,28,Aug. 4,11 at **4:00-5:00pm** Main CCG Campus-Risk Management

Monday, July 10,17,21,28,Aug.7,14 at 5:30-6:30PM No. Collier Government Center

Thursday, Aug,10,17,24,31,Sept. 7,14 at 5:30-6:30PM No. Collier Government Center

FINAL SESSION: Fri. Aug 11,18,25,Sept 1,8,15 at 5:30-6:30pm Main Campus-Risk Management

The **Commit to Quit – Quit Smoking Now!** program is offered to employees, spouses, and their dependents (over the age of 18) covered by the BCC health insurance plan.

This tobacco cessation program meets the Invest in Your Health premium-cost share qualifier for 2017 Qualifying Spouses and upgrading Employees .

The program offers you:

- ♦ FREE cessation products (prescriptions, patches, lozenges, over-the-counter gums)
- ♦ FREE MedCenter smoking cessation medical monitoring appointments for initial visit and smoking cessation medicine follow-up.

*Products FREE after reimbursement.

SAVE your receipts upon purchase.

*****Please note: E-Cigarettes are not reimbursed*****