

For 2017 Qualifier - All Spouses & Employee Upgrades

**ENROLL NOW -- DON'T WAIT FOR A POSITIVE COTININE TEST**

# COMMIT TO QUIT Quit Smoking Now

(Includes All E-Cigarette & Tobacco Product Use)



## Follow these steps for program enrollment:

**Step 1:** Initial MedCenter Appointment

**Main Campus: 252-4257**

**North MedCenter: 249-7800**

**Step 2:** Attend 6 weekly 1-hr classes (offered as a Session)  
(You are required to re-start the program if you miss a class)

**Register on GoSignMeUp**

**<http://colliergov.gosignmeup.com>**

**Step 3:** Repeat Blood Cotinine test starting July 21st—September 30th  
Call the MedCenter for a repeat non-fasting blood draw appointment.  
(Do not use a LabCorp Patient Service Center for your repeat Cotinine blood test).

**Step 4:** Certificate of Completion will be issued by Health Advocate office upon receiving Cotinine results from the MedCenter.

## SESSION OFFERED FOR 2017 QUALIFIER:

**NEW** - Tuesday November 8, 15, 22, 29 December 6, 13 at 5:30-6:30pm  
North Collier Government Center-2335 Orange Blossom Blvd-Towne Hall Meeting Rm

The **Commit to Quit – Quit Smoking Now!** program is offered to employees, spouses, and their dependents (over the age of 18) covered by the BCC health insurance plan.

**This tobacco cessation program meets the  
Invest in Your Health premium-cost sharing level qualifier for  
2017 Qualifying Spouses and upgrading Employees .**

### The program offers you:

- ♦ \*FREE cessation products (prescriptions, patches, lozenges, over-the-counter gums)
- ♦ FREE MedCenter smoking cessation medical monitoring appointments for initial visit and smoking cessation medicine follow-up.

\*Products FREE after reimbursement. SAVE your receipts upon purchase.

**\*\*\*Please note: E-Cigarettes are not reimbursed\*\*\***