



**Helping you take charge of your diabetes!**

**FREE**

Clinic appointments – including regular exams and diabetic lab tests to lessen complications.

**FREE**

Individual counseling with a Wellness Certified Diabetes Educator or Wellness Dietitian.

**FREE**

Bayer Contour *Next* Glucometer, strips & lancets for blood glucose monitoring.



Main Campus  
(239) 252-4257

North MedCenter  
(239) 249-7800



**Wellness Program**

252-6092  
252-8915



**Lisa Fasanella, LMHC**  
Emotional Wellness  
(239) 252-5589

**FREE**

Diabetes medical visits with the clinic's Practitioner - up to 1 hour without incurring sick leave.

**FREE**

Education classes, educational materials, and supplies that increase your knowledge with managing diabetes.

\* Ninety (90) days of diabetic supplies, i.e. insulin, syringes etc. at a low co-pay.

**Contact The MedCenter or the Wellness staff and  
"Take Charge" TODAY!**