

WAIT, DON'T LOSE WEIGHT ALONE



Here's What You Do If You are Interested

- 1) Click on [“Wait, 7 Reasons You May Not Be Losing Weight”](#) link and the [“Inside Out Program Commitment Agreement”](#) link (both links are right below the link you just clicked on)
- 2) Please read and review both thoroughly
- 3) If you are interested in joining the program email Wellness Health Educator @ Ben.Eustache@CollierCountyFL.gov
- 4) Wait to be contacted by Wellness Health Educator